## 2 Factor Authentication

By Ron Brown





Virtual Technology Conference Saturday, 02/10/18 @ 1 PM ET

Conference Description & Registration Links go to

apcug2.org/category/virtual-tech-conference









# WHAT WILL THE ATTACKER DO TO YOUR ACCOUNT?



- Once they access your account they will turn off notifications and change your Password
- Ransack your InBox for stuff like Bitcoin Wallet
- Copy compromising pictures
- Copy Contact List
- Install a filter to mask their actions
- Look for Financial information, Passwords, Personal information
- Delete all your email, contact list, and Gdrive

### Bitcoins Prices Slide 9% To \$9,000 On Arun Jaitley's Warning Against Cryptocurrencies





Three major banks confirm that they won't allow cryptocurrency transactions with their credit cards

Bank of America, JP Morgan Chase and Citigroup won't let you buy Bitcoin on credit By Andrew Liptak on February 4, 2018 5:40 pm



## What the Coincheck hack means for the future of blockchain security

MIT Technology Review Feb 1, 2018

The plunder of <u>more than \$500 million worth of digital coins</u> from the Japanese cryptocurrency exchange Coincheck last week has added to a growing perception that cryptocurrencies are particularly vulnerable to hackers.





A DATA CENTER

SECURITY

PERSONAL TECH

### Security

### Good news, everyone: Ransomware declining. Bad news: Miscreants are turning to crypto-mining on infected PCs

Screw asking for digi-coins. Craft 'em on 500,000 computers

By Iain Thomson in San Francisco 1 Feb 2018 at 00:13



SHARE V



For the past few years, ransomware has been a bane of computer users. These software nasties infect PCs, scramble files, and demand payment in cryptocurrency to restore the documents.



### An extra layer of security

Most people only have one layer – their password – to protect their account. With 2-Step Verification, if a bad guy hacks through your password layer, he'll still need your phone or Security Key to get into your account.

## Sign in will require something you know and something you have

With 2-Step Verification, you'll protect your account with something you know (your password) and something you have (your phone or Security Key).





Two-factor authentication (or 2FA) is one of the biggest-bangfor-your-buck ways to improve the security of your online accounts

Extra Security to your online accounts on top of your Password

Your site will request something you know to log in ( Password) and something you have your phone or usb security key



- 1. 2FA is unique to every account
- 2. Setup process is different
- 3. Often confusing terminology
- 4. Recommend start with one account- Google

One million account logins and passwords are stolen every month, says Google



Google has delved into the darker parts of the internet as part of a year-long research project analysing how cybercriminals manage to hijack user accounts by obtaining passwords and login codes.

In collaboration with the University of California, Berkeley, Google's research examined three common ways hackers manage to hijack accounts between March 2016 and March 2017

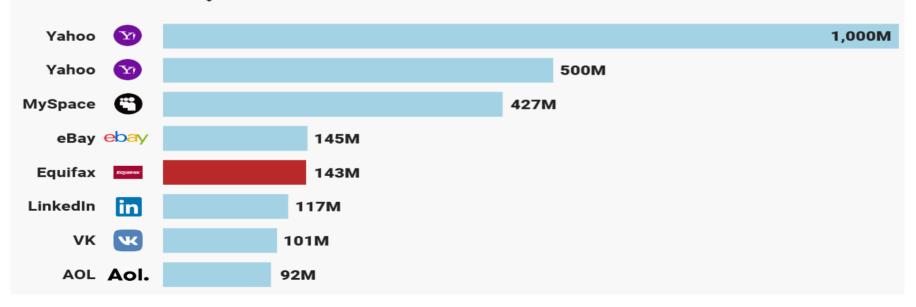
Phishing and keylogging – were used by cybercriminals to steal up to a staggering 250,000 account logins every week, Google found.



Delayed reporting for 6 weeks CEO-CFO-Director sold all shares CEO got 20M Bonus when fired



### LATEST EQUIFAX HACK COULD BE THE WORST TO DATE





Yahoo's Marissa Mayer Subpoenaed to Testify Before Senate, Says Report

Verizon bought Yahoo for \$4.48 billion in June 2017

Marissa Mayer- 5 Years with Yahoo and left with a 23M severance package

Verizon reduced its acquisition offer by \$350 million following the disclosure of the breaches, purchasing the site for \$4.48 billion in cash.



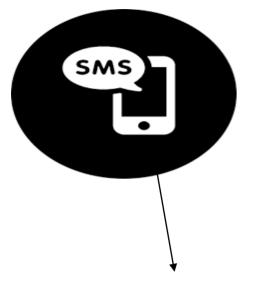
Microsoft sees no reason to increase its bid for Yahoo, two months after it made a \$44.6 billion offer to buy the Internet company, people familiar with Microsoft's plans said on Monday. (2010)

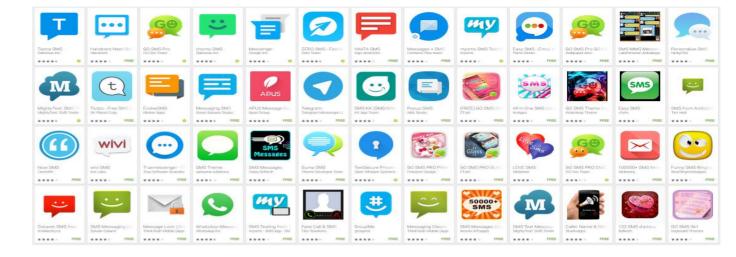
# TWO CONCEPTS YOU NEED TO KNOW

1. SMS TEXT VS TEXT MESSAGING

2. TRUSTED SITES



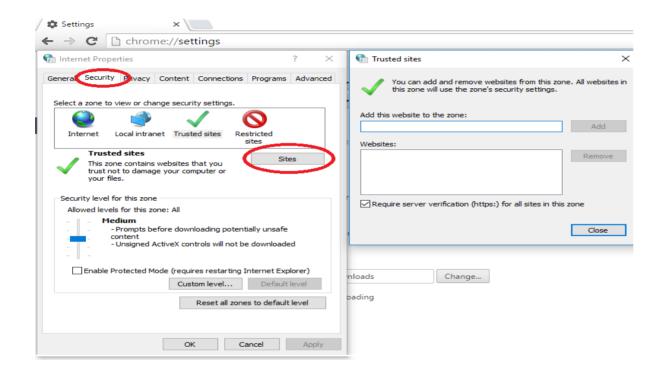




## **TEXT MESSAGING APPS**



## **Trusted Sites**



Google Microsoft Facebook Your Bank Last Pass

Browser Cookies C Cleaner

## The Trick to get your Password





Why are Passwords so insecure?

Byron's Story







Passwords should be changed every 3 months

They should be complicated with upper and lower case

They should be 8 characters or more

## **PASSWORDS**

## The Guy Who Invented Those Annoying Password Rules Now Regrets Wasting Your Time



The man in question is Bill Burr, a former manager at the National Institute of Standards and Technology (NIST).

In 2003, Burr drafted an eight-page guide on how to create secure passwords creatively called the "NIST Special Publication 800-63. Appendix A." This became the document that would go on to more or less dictate password requirements on everything from email accounts to login pages to your online banking portal. All those rules about using uppercase letters and special characters and numbers—those are all because of Bill.

"Much of what I did I now regret," Bill Burr told The Wall Street Journal

This is why the latest set of NIST guidelines recommends that people create long passphrases rather than gobbledygook words like the ones Bill thought were secure.



SplashData has published its seventh annual "worst passwords" report, compiled from more than 5 million passwords leaked during the year, and there are some notable additions to the list.

In anticipation of last weekend's premiere of Star Wars: The Last Jedi, many fans have clearly decided to express their excitement by making "starwars" one of their passwords.

It joins the list at number 16, sandwiched between old favourite "abc123" and another new entry, "12312".

### Worst Passwords of 2017

```
123456 (rank unchanged since
2016 list)
password (unchanged)
12345678 (up 1)
gwerty (Up 2)
12345 (Down 2)
123456789 (New)
letmein (New)
1234567 (Unchanged)
football (Down 4)
iloveyou (New)
admin (Up 4)
welcome (Unchanged)
monkey (New)
login (Down 3)
abc123 (Down 1)
starwars (New)
123123 (New)
dragon (Up 1)
passw0rd (Down 1)
master (Up 1)
hello (New)
freedom (New)
whatever (New)
qazwsx (New)
```

## Still require strong PW

Passwords should withstand 100 guesses

it shouldn't be tied to any public information about you or your family.

Use a phrase

Go long

The new NIST guidelines suggest allowing users to create passwords up to 64 characters in length

Don't change your password until you have to

Choose something memorable

Get creative with characters

Use two-factor identification

## 5 2FA

- SMS 2FA --- SIMPLE
- Authenticator APP --- SUPER SIMPLE
- Google Prompt (Push 2FA) --- The SIMPLEST
- Authenticator Dongle
- Google Advanced Protection Program

Vip's, Politicians, Celebrities

Must use Fido U2F YubiKey

Cost \$18-\$25

**Limited Apps** 

## Four Main types of 2FA in common use by consumer Web Sites

Some Sites offer more than one option.

Twofactorauth.org to check sites

BMO Bank	BMO Bank of Montreal		<b>▼</b> Tell them to support 2FA on Twitter				
BMO Harr	BMO Harris Bank		<b>У</b> Tell them to support 2FA on Twitter		Tell them to support 2FA on Facebook		
Boeing En Union	nployee Credit		~				
<b>B</b> ofl Feder	al Bank	<b>7</b>	~	~			
Capital Or	e	<b>Z</b>	~		~		~

## SMS 2FA

Enable SMS 2FA - Provide SMS Phone number

Next time you log in with your username and password, you'll also be asked to enter a short code (typically 5-6 digits) that gets texted to your phone.

this is a very popular option for sites to implement, since many people have an SMS-capable phone number and it doesn't require installing an app.

It provides a significant step up in account security relative to just a username and

password.



## Disadvantages of SMS 2FA

- Don't want to give out phone number- (one more piece of personal info)
- Attackers using phone number takeovers could get access to your account without even knowing your account
- Can't log in if your phone is dead or can not connect to a network
- Trick phone company to assign # to different SIM Card
- International Travel
- Don't own Smart Phone



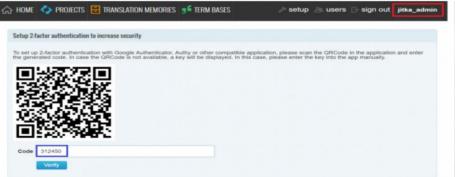
## Authenticator APP= Time based one time PW

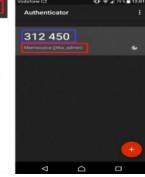
- Another phone-based option for 2FA is to use an application that generates codes locally based on a secret key
- Google Authenticator is a very popular application for this
- If a site offers this style of 2FA, it will show you a QR code containing the secret key. You can scan that QR code into your application.
- If you have multiple phones you can scan it multiple times

you can also save the image to a safe place or print it out if you need a backup

## Authenticator App

- Once you've scanned such a QR code, your application will produce a new 6-digit code every 30 seconds.
- Similar to SMS 2FA, you'll have to enter one of these codes in addition to your username and password in order to log in.
- this style of 2FA improves on SMS 2FA because you can use it even when your phone is not connected to a mobile network
- the secret key is stored physically on your phone





## Disadvantages to Authenticator App

- If your phone dies or gets stolen, and you don't have printed backup codes or a saved copy of the original QR code, you can lose access to your account
- For this reason, many sites will encourage you to enable SMS 2FA as a backup

if you log in frequently on different computers, it can be inconvenient to unlock your

phone, open an app, and type in the code each time



## Google Prompt (Push 2FA)

- Google Prompt method, can send a prompt to one of your devices during login
- This prompt will indicate that someone (possibly you) is trying to log in, and an estimated location for the login attempt. You can then approve or deny the attempt.



# Push Based 2FA Improves in Authenticator Apps in Two Ways

acknowledging the prompt is slightly more convenient than typing in a code, and it is somewhat more resistant to phishing

this requires that you pay close attention to a subtle security indicator, IP address

## Disadvantages of push based 2FA

It's not Standardized can't consolidate all your push-based credentials in a single app it requires a working data connection on your phone while Authenticator apps don't require any connection



## FIDO U2F / Security Keys

- Universal Second Factor (U2F) is a relatively new style of 2FA, typically using small USB, NFC or Bluetooth Low Energy (BTLE) devices often called "security keys."
- Like push-based 2FA, this means you don't have to type any codes.
- U2F is also well-designed from a privacy perspective



## Where do I buy Security Keys?



USB security key with Bluetooth connectivity from Feitian standard USB key from Yubico

# GOOGLE'S 'ADVANCED PROTECTION' LOCKS DOWN ACCOUNTS LIKE NEVER BEFORE



Logging in from a desktop will require a special USB key (\$20)



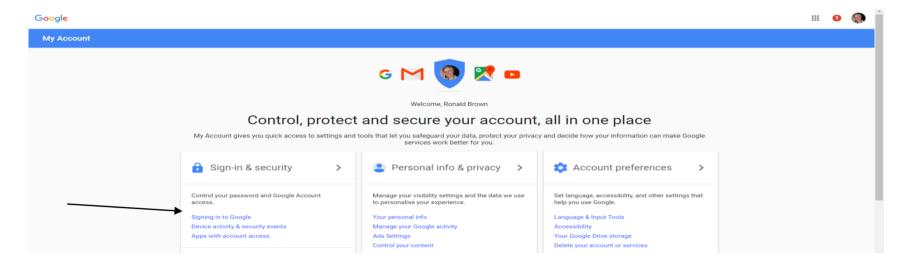
Accessing your data from a mobile device will similarly require a Bluetooth dongle (\$25)

October 17-2017 – Google Advanced Protection

Makes it harder than ever for hackers to break into your sensitive data on Gmail, Google Drive, YouTube or any other Google property.

Google property.
The opt-in, ultra-secure mode is intended for truly high-risk users, including those who face the threat of state-sponsored, highly resourced cyberespionage





### Signing in to Google

Control your password and account access, along with backup options if you get locked out of your account.

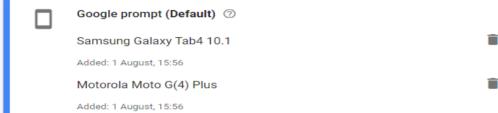
#### Make sure that you choose a strong password

A strong password contains a mix of numbers, letters and symbols. It is hard to guess, does not resemble a real word, and is only used for this account.

### Password & sign-in method Your password protects your account. You can also add a second layer of protection with 2-Step Verification, which sends a single-use code to your phone for you to enter when you sign in. So even if someone manages to steal your password, it is not enough to get into your account. Note: To change these settings, you will need to confirm your password. Password Last changed: 24 February, 05:44 2-Step Verification On since: 22 July, 11:39 App passwords None > Google account PIN Last changed: 25 January, 19:45 >

### Your second step

After entering your password, you'll be asked for a second verification step. Find out more







### Authenticator app

Authenticator on Android

Added: 22 July, 11:39

CHANGE PHONE



### Voice or text message

(602) 730-6314 Verified

Verification codes are sent by text message.

ADD PHONE



### Backup codes

10 single-use codes are active at this time, but you can generate more as needed.

SHOW CODES







### **Two-Factor Authentication Backup Codes**



860218724	958717631
363816342	915196351
039118211	007597330
705566718	462807066
820836406	295210480

**Print Codes** 

**Copy Codes** 

### Set up alternative second step

Set up at least one backup option so that you can sign in even if your other second steps aren't available.



### Security Key

A Security Key is a small physical device used for signing in. It plugs into your computer's USB port. Find out more

ADD SECURITY KEY

### Devices that do not need a second step

You can skip the second step on devices that you trust, such as your own computer.



### Devices you trust

Revoke trusted status from your devices that skip 2-Step Verification.

**REVOKE ALL** 

# How to Avoid Getting Locked Out When Using Two-Factor Authentication

What happens if you lose or reset your phone? If you don't plan your recovery method ahead of time, you could permanently lose access to your accounts.

### Print Your Backup Codes and Store Them Securely



### Ensure You Have a Linked Email Address







Mobile Authentication Taskforce

Better solution than SMS Text for 2018

Who's using 2FA?

Less than 1 in 10 Gmail users enable two-factor

authentication

Usenix Enigma It has been nearly seven years since Google introduced two-factor authentication for Gmail accounts, but virtually no one is using it.



In a presentation at Usenix's Enigma 2018 security conference in California, Google software engineer Grzegorz Milka today revealed that, right now, less than 10 per cent of active Google accounts use two-step authentication to lock down their

12 per cent of Americans have a passwor of the result of the recounts, according to a 2016 Pew study.

Google has tried to make the whole process easier to use, but it seems netizens just can't handle it. More than 10 per cent of those trying to use the defense mechanism had problems just inputting an access code sent via SMS.

2 Factor Authentication Ron Brown – Silvercomctc 69janeplace@gmail.com

## **Questions?**



